

Memorials & Trisagia

March 10

- 6-mon Memorial for Evangelos (Van) Evangelopoulos, son of Sofia Evangelopoulos, brother of Glikeria (George Liyeos) Evangelopoulos and Stephanie (Nick) Vojicic
1-year Memorial for Jack (Zacharias) Sarris, father of Steve (Kathy) Sarris, Paul (Tabitha) Sarris, Susan (Scott) Buckler, Ann (Steve) Deddens, and Jackie (Jim) Waechter

April 7

- 1-year Memorial for Jimmy (Demetrios) Georges, son of Peter and Aristeia Georges; brother of Nicholas Georges and Faye (Dan) Williams

April 14

- 1-year Memorial for Helen (Eleni) Kiriakos, mother of Karen Kiriakos and Athena (Larry) Earhart
1-year Memorial for Stella (Styliani) Palladino, mother of Kathy Palladino and James Palladino

In Our Prayers

Nora (Elaine) Bangert, Seraphima Henderson, Thekla (Rebecca) Kagaris, Dean Kases, Janie (Zafera) Kyramarios

March 10 - Forgiveness Sunday

As we begin the Great Fast, the Church reminds us of Adam's expulsion from Paradise. God commanded Adam to fast (Gen. 2:16), but he did not obey. Because of their disobedience, Adam and Eve were cast out of Eden and lost the life of blessedness, knowledge of God, and communion with Him, for which they were created. Both they and their descendents became heirs of death and corruption.

Let us consider the benefits of fasting, the consequences of disobedience, and recall our fallen state. Today we are invited to cleanse ourselves of evil through fasting and obedience to God. Our fasting should not be a negative thing, a mere abstention from certain foods. It is an opportunity to free ourselves from the sinful desires and urges of our fallen nature, and to nourish our souls with prayer, repentance, to participate in church services, and partake of the life-giving Mysteries of Christ.

At Forgiveness Vespers we sing: "Let us begin the time of fasting in light, preparing ourselves for spiritual efforts. Let us purify our soul, let us purify our body. As we abstain from food, let us abstain from all passion and enjoy the virtues of the spirit...."

<https://oca.org/saints/lives/2019/03/10/7-sunday-of-cheesefare-expulsion-of-adam-from-paradise>



Annual Prison Ministry Fund Drive

The Assumption Prison Ministry will be conducting a Fund Drive on March 17th through March 31st, to assist ex-offenders and their families. We also help to connect families with their loved ones who are still in prison. Please give any monetary donations to Bill Goranitis or Diane Sieckmann. Thank you.

Sunday Bulletin

March 10, 2019



Assumption Greek Orthodox Church

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Fr. Joseph Strzelecki
Fr. Anastasios Theodoropoulos

Ἀπολυτίκιον Ἀναστάσιμον.

Ἦχος πλ. δ΄.

Ἐξ ὕψους κατήλθες ὁ εὐσπλαγχνος,
ταφήν κατεδέξω τριήμερον, ἵνα ἡμᾶς
ἐλευθερώσης τῶν παθῶν. Ἦ ζωὴ καὶ ἡ
Ἀνάστασις ἡμῶν, Κύριε δόξα σοι.

Resurrectional Apolytikion.

Mode pl. 4.

You descended from on high, O
compassionate One, and condescended to
be buried for three days, so that from the
passions You might set us free. Our life and
resurrection, O Lord, glory be to You.

Welcome to the Assumption Greek Orthodox Church.

We are honored that you have chosen to worship with us today. It is our hope that your visit here will bring you many blessings from God and that you will visit with us again soon.

Please join us for Coffee Hour in the Church Hall.

Forgiveness Sunday

Epistle Reading: St. Paul's Letter to the Romans 13:11-14; 14:1-4

Brethren, salvation is nearer to us now than when we first believed; the night is far gone, the day is at hand. Let us then cast off the works of darkness and put on the armor of light; let us conduct ourselves becomingly as in the day, not in reveling and drunkenness, not in debauchery and licentiousness, not in quarreling and jealousy. But put on the Lord Jesus Christ, and make no provision for the flesh, to gratify its desires.

As for the man who is weak in faith, welcome him, but not for disputes over opinions. One believes he may eat anything, while the weak man eats only vegetables. Let not him who eats despise him who abstains, and let not him who abstains pass judgment on him who eats; for God has welcomed him. Who are you to pass judgment on the servant of another? It is before his own master that he stands or falls. And he will be upheld, for God is able to make him stand.

Gospel Reading: Gospel of Matthew 6:14-21

The Lord said, "If you forgive men their trespasses, your heavenly Father also will forgive you; but if you do not forgive men their trespasses, neither will your Father forgive your trespasses.

"And when you fast, do not look dismal, like the hypocrites, for they disfigure their faces that their fasting may be seen by men. Truly, I say to you, they have received their reward. But when you fast, anoint your head and wash your face, that your fasting may not be seen by men but by your Father who is in secret; and your Father who sees in secret will reward you.

"Do not lay up for yourselves treasures on earth, where moth and rust consume and where thieves break in and steal, but lay up for yourselves treasures in heaven, where neither moth nor rust consumes and where thieves do not break in and steal. For where your treasure is, there will your heart be also."

Announcements

Coffee Hour is sponsored this week in memory of Van Evangelopoulos and Jack Sarris.

Project Mexico: Fr. Achilles Karathanos from Saints Constantine and Helen in Swansea, IL is organizing a team to take to Project Mexico this summer, July 18-24. He currently has 3 adults, 2 young adults, and 2 teens committed from his parish and he would like to open it the other local parishes. There are 5 open spaces for anyone 14 years or older. If you are interested in attending you will need to make a \$100.00 deposit and contact Fr. Achilles immediately at 314-288-8036.

Jewelry Collection: Philoptochos is collecting jewelry for a used jewelry sale. Bring your gently-used brooches, bracelets, necklaces and other glitzy gems to the Church office so they can find a new home and benefit Philoptochos at the same time.

Sponsor Needed: If you would like to sponsor the Greek Independence Day Luncheon this year, please call Diane Sieckmann at 314-966-2255. Thank you!

AHEPA Scholarships: The St. Louis AHEPA Scholarship Foundation is now accepting applications for 2019. Please e mail bdpappas@yahoo.com for an application. Note the deadline for applications to be returned with all applicable material is April 15 with NO exceptions.

Stewardship: We are asking every family to please increase the amount when making your stewardship pledge this year. The cost of postage has gone up, and it will save the church money if everyone pledges early saving the cost of sending out quarterly reminders.

Paschal Offering: The Parish Council is asking every family to make a special offering to the church during this Lenten season.

Calendar of Events

- Sunday, Mar 10: **Cheese Fare Sunday** (Fast from meat)
St. Anastasia the Patrician; Kodratos & 5 Martyrs
8:30 am Orthros
9:45 am Divine Liturgy and Sunday School
12:00 pm St. John Chrysostom Oratorical Festival
12:00 pm Philoptochos Meeting
12:00 pm Greek Dance: Ta Paidakia, Neo Kyma, & Armonia
12:15 pm Greek School
6:30 pm Forgiveness Vespers
- Monday, Mar 11: **Clean Monday - Great Lent Begins** (Fast)
St. Sophronios of Jerusalem; Queen Theodora of Arta
10:30 am Great Compline & Lenten Luncheon
2:30 pm Vespers
6:30 pm Great Compline & Canon
- Tuesday, Mar 12: Confessor Theophanes; St. Gregory Dialogos (Fast)
5:45 pm Greek School
6:30 pm Great Compline & Canon
- Wednesday, Mar 13: Patriarch Nikiphoros; St. Christina of Persia (Fast)
2:00 pm Kafenio
5:30 pm 9th Hour
6:00 pm Presanctified Liturgy followed by Lenten Pot Luck Dinner
- Thursday, Mar 14: Righteous Benedict; Confessor Eusebius (Fast)
10:00 am Women's Book Study at the home of Patricia Bishop
6:30 pm Great Compline & Canon
- Friday, Mar 15: Martyr Agapios; Apostle Aristovoulos (Fast)
9:00 am 9th Hour
9:30 am Presanctified Liturgy
11:00 am - 2:00 pm Friday Luncheon
7:00 pm 1st Salutations to the Theotokos followed by Coffee Hour
- Saturday, Mar 16: **3rd Saturday of the Souls** (Wine & oil allowed)
Great Martyr Theodore's Miracle with boiled wheat
9:00 am Orthros
10:00 am Divine Liturgy & Memorial
5:00 pm Great Vespers
- Sunday, Mar 17: **Sunday of Orthodoxy** (Wine & oil allowed)
8:30 am Orthros
9:45 am Divine Liturgy, Sunday School & Procession
12:00 pm Greek Dance: Ta Paidakia, Neo Kyma, & Kyklos
12:15 pm Greek School
5:00 pm Pan Orthodox Vespers & Dinner at the Assumption