

## Memorials & Trisagia

### April 7

1-year Memorial for Jimmy (Demetrios) Georges, son of Peter and Aristeia Georges; brother of Nicholas Georges and Faye (Dan) Williams

2-year Memorial for Peter (Panagiotis) Ellis, husband of Paula Ellis

2-year Memorial for George Stathopoulos, brother of Paula Ellis

### April 14

1-year Memorial for Helen (Eleni) Kiriakos, mother of Karen Kiriakos and Athena (Larry) Earhart

1-year Memorial for Stella (Styliani) Palladino, mother of Kathy Palladino and James Palladino

### May 19

1-year Memorial for George Vagionakis, husband of Theodosia (Sue) Vagionakis, stepfather of Diane (Gus) Kapodistrias



## Announcements

**Annual Prison Ministry Fund Drive:** The Assumption Prison Ministry will be conducting a Fund Drive on March 17th through March 31st, to assist ex-offenders and their families. We also help to connect families with their loved ones who are still in prison. Please give any monetary donations to Bill Goranitis or Diane Sieckmann. Thank you.

**Project Mexico:** Fr. Achilles Karathanos from Saints Constantine and Helen in Swansea, IL is organizing a team to take to Project Mexico this summer, July 18-24. He currently has 3 adults, 2 young adults, and 2 teens committed from his parish and he would like to open it the other local parishes. There are 5 open spaces for anyone 14 years or older. If you are interested in attending you will need to make a \$100.00 deposit and contact Fr. Achilles immediately at 314-288-8036.

**Jewelry Collection:** Philoptochos is collecting jewelry for a used jewelry sale. Bring your gently-used brooches, bracelets, necklaces and other glitzy gems to the Church office so they can find a new home and benefit Philoptochos at the same time.

**Sponsor Needed:** If you would like to sponsor the Palm Sunday Luncheon this year, please call Diane Sieckmann at 314-966-2255. Thank you!

**AHEPA Scholarships:** The St. Louis AHEPA Scholarship Foundation is now accepting applications for 2019. Please e mail [bdpappas@yahoo.com](mailto:bdpappas@yahoo.com) for an application. Note the deadline for applications to be returned with all applicable material is April 15 with NO exceptions.

### Three Important Ways You Can Help the Church Financially

- \* Please increase your stewardship commitment this year.
- \* Make a special offering to the church during this Lenten season.
- \* Make your stewardship commitment early in the year.

## Sunday Bulletin

March 24, 2019



### **Assumption Greek Orthodox Church**

1755 Des Peres Rd.

Town & Country, MO 63131

Church Office 314-966-2255

[www.assumptiongoc.org](http://www.assumptiongoc.org)

Fr. Joseph Strzelecki

Fr. Anastasios Theodoropoulos

### **Ἀπολυτίκιον τῆς Προεόρτιον.**

Ἦχος δ΄

Σήμερον τῆς παγκοσμίου χαρᾶς  
τὰ προοίμια, τὴν προεόρτιον ᾄσαι  
προτρέπεται· ἰδοὺ γὰρ Γαβριὴλ  
παραγίνεται, καὶ πρὸς αὐτὴν ἐκβοήσεται·  
Χαῖρε Κεχαριτωμένη, ὁ Κύριος μετὰ σοῦ.

### **Apolytikion for the Forefeast.**

Mode 4.

Today is the prelude of the joy of the universe, and it incites us to sing the forefeast hymns. For behold, Gabriel is coming, and he will say to the Virgin: Rejoice, Maiden full of grace; the Lord is with you.

### **Welcome to the Assumption Greek Orthodox Church.**

We are honored that you have chosen to worship with us today. It is our hope that your visit here will bring you many blessings from God and that you will visit with us again soon.

Please join us for Coffee Hour in the Church Hall.

## Sunday of Saint Gregory Palamas

### **Epistle Reading: St. Paul's Letter to the Hebrews 1:10-14; 2:1-3**

"In the beginning, Thou, Lord, didst found the earth in the beginning, and the heavens are the work of thy hands; they will perish, but thou remainest; they will all grow old like a garment, like a mantle thou wilt roll them up, and they will be changed. But thou art the same, and thy years will never end." But to what angel has he ever said, "Sit at my right hand, till I make thy enemies a stool for thy feet?" Are they not all ministering spirits sent forth to serve, for the sake of those who are to obtain salvation? Therefore we must pay closer attention to what we have heard, lest we drift away from it. For if the message declared by angels was valid and every transgression or disobedience received a just retribution, how shall we escape if we neglect such a great salvation? It was declared at first by the Lord, and it was attested to us by those who heard him.

### **Gospel Reading: Gospel of Mark 2:1-12**

At that time, Jesus entered Capernaum and it was reported that he was at home. And many were gathered together, so that there was no longer room for them, not even about the door; and he was preaching the word to them. And they came, bringing to him a paralytic carried by four men. And when they could not get near him because of the crowd, they removed the roof above him; and when they had made an opening, they let down the pallet on which the paralytic lay. And when Jesus saw their faith, he said to the paralytic, "My son, your sins are forgiven." Now some of the scribes were sitting there, questioning in their hearts, "Why does this man speak thus? It is a blasphemy! Who can forgive sins but God alone?" And immediately Jesus, perceiving in his spirit that they thus questioned within themselves, said to them, "Why do you question thus in your hearts? Which is easier, to say to the paralytic, 'Your sins are forgiven,' or to say, 'Rise, take up your pallet and walk? But that you may know that the Son of man has authority on earth to forgive sins'-he said to the paralytic-"I say to you, rise, take up your pallet and go home." And he rose, and immediately took up the pallet and went out before them all; so that they were all amazed and glorified God, saying, "We never saw anything like this!"

### **March 24 - St. Gregory Palamas**

This divine Father, who was from Asia Minor, was from childhood reared in the royal court of Constantinople, where he was instructed in both religious and secular wisdom. Later, while still a youth, he left the imperial court and struggled in asceticism on Mount Athos, and in the Skete at Beroea. He spent some time in Thessalonica being treated for an illness that came from his harsh manner of life. He was present in Constantinople at the Council that was convened in 1341 against Barlaam of Calabria, and at the Council of 1347 against Acindynus, who was of like mind with Barlaam; Barlaam and Acindynus claimed that the grace of God is created. At both these Councils, the Saint contended courageously for the true dogmas of the Church of Christ, teaching in particular that divine grace is not created, but is the uncreated energies of God which are poured forth throughout creation: otherwise it would be impossible, if grace were created, for man to have genuine communion with the uncreated God. In 1347 he was appointed Metropolitan of Thessalonica. He tended his flock in an apostolic manner for some twelve years, and wrote many books and treatises on the most exalted doctrines of our Faith; and having lived for a total of sixty-three years, he reposed in the Lord in 1359.

His holy relics are kept in the Cathedral of Thessalonica. A full service was composed for his feast day by the Patriarch Philotheus in 1368, when it was established that his feast be celebrated on this day. Since works without right faith avail nothing, we set Orthodoxy of faith as the foundation of all that we accomplish during the Fast, by celebrating the Triumph of Orthodoxy the Sunday before, and the great defender of the teachings of the holy Fathers today.

Excerpted from: The Great Horologion or Book of Hours, Trans. Holy Transfiguration Monastery. Holy Transfiguration Monastery Press, Brookline, MA, 1997.

## Calendar of Events

- Sunday, Mar 24: **St. Gregory Palamas** (Wine & oil allowed)  
8:30 am Orthros  
9:45 am Divine Liturgy, Sunday School  
12:00 pm Greek Dance: Armonia  
12:15 pm Greek School  
5:00 pm Lenten Vespers at St. Michael's Orthodox Church - St. Louis
- Monday, Mar 25: **Annunciation** (Fish allowed)  
9:00 am Orthros  
10:00 am Divine Liturgy & Doxology
- Tuesday, Mar 26: Synaxis of Archangel Gabriel (Fast)  
5:45 pm Greek School  
6:30 pm Great Compline
- Wednesday, Mar 27: St. Matrona of Salonica; St. Paul of Corinth (Fast)  
2:00 pm Kafenio  
5:30 pm 9th Hour  
**6:00 pm Presanctified Liturgy followed by Lenten Pot Luck Dinner**
- Thursday, Mar 28: St. Hilarion the New; Apostle Herodion of the 70 (Fast)  
10:00 am Women's Book Study at the home of Patricia Bishop
- Friday, Mar 29: St. Mark of Arethusa; Cyril the Deacon (Fast)  
9:00 am 9th Hour  
9:30 am Presanctified Liturgy  
11:00 am - 2:00 pm Friday Luncheon  
**7:00 pm 3rd Salutations to the Theotokos followed by Coffee Hour**  
**8:30 pm Presentation by Presvytera Laura and Presvytera Konstantina**
- Saturday, Mar 30: St. John Climacus (Wine & oil allowed)  
5:00 pm Great Vespers
- Sunday, Mar 31: **Veneration of the Holy Cross** (Wine & oil allowed)  
8:30 am Orthros  
9:45 am Divine Liturgy, Sunday School & Procession  
**12:00 pm Greek Independence Day Luncheon**  
5:00 pm Lenten Vespers at Sts. Cyril & Methody Church in Granite City



### In Our Prayers

Nora (Elaine) Bangert, Seraphima Henderson, Thekla (Rebecca) Kagaris, Dean Kases, Janie (Zafera) Kyramarios